

# THIS WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Veg/ Veg	<b>Cauliflower Mac &amp; Cheese Garlic Bread &amp; Tomato Salad</b> Wheat, Milk 595 Kcal 5.75	<b>Vegetable Spanish Paella</b> 5.75	<b>Haloumi &amp; Mushroom Burger</b> With Salad Selection 6.95	<b>Chef's Special</b> 5.75	<b>Shakshuka Eggs Baked in a Rich Masala Sauce</b> Wheat, milk 545kcal 5.75
Main Meat	<b>Bacon Mac &amp; Cheese with Garlic Bread &amp; Tomato Salad</b> Wheat, milk 685 Kcal 5.95	<b>Chicken Paella Mussels, Prawn Paella Rice Paprika, Garlic</b> Fish, molluscs, crustaceans 6.95	<b>Beef Burger with Salad Selection</b> Wheat, milk, sulphites 7.95	<b>Chef's Special</b> 5.95	<b>All Day Breakfast</b> Sausage, Bacon, Egg, Beans, Mushrooms 5.95
Deli 1	<b>Parma Ham, Parmesan, Balsamic &amp; Rocket</b> Wheat, egg, milk 4.95	<b>Smoked Salmon Cream Cheese, Pickles</b> Wheat, fish, milk 4.95	<b>Sausage &amp; Red Onion Melt</b> Wheat, milk, sulphites 4.95	<b>Tuna, Cream Cheese &amp; Pepper</b> Wheat, fish, milk 4.95	See Daily Menu
Deli 2	<b>Three Cheese Spinach, Red Pepper Pesto</b> Toasted, melted, hot Wheat, milk, nut free 4.75	<b>Haloumi, Harissa &amp; Rocket</b> Wheat, milk, sulphites 4.75	<b>Chunky Avo Salsa Melt</b> Red Onion, Coriander Allergens here 4.75	<b>Falafel Yoghurt Sub</b> Toasted Wheat, milk 4.75	See Daily Menu

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Iced Drink

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