

THIS WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Option	Jerk Chicken With Sweet Chili Slaw & Rice And Peas £5.95	Taco Tuesday Halal Mexican Chicken Taco or Ground Beef Chili Taco With a choice of sides & Flourishes Wheat, Milk £5.95	Thai-Style Pork Cake on a Mushroom Medley with Seasonal Vegetables Wheat, Barley, Egg, Sesame, Soya £5.95	Beef Meatballs in Tomato Sauce with Spaghetti Wheat, Egg, Milk, Soya £5.95	Fish Finger Bloomer Sandwich with Rocket, Tatare Sauce & Chips Wheat, Fish, Egg, Mustard £5.95
Vegetarian Option	Spinach & Ricotta Ravioli, With Rich Tomato Sauce and Rocket Wheat, Egg, Milk £5.75	Taco Tuesday Fried Cauliflower, Burnt Corn, Tomato, Avocado & Chipotle Taco With a choice of Side & Flourishes Wheat, Egg £5.75	Sri Lanken Sweet Potato Curry with Brown Rice Celery £5.75	Vegetable Frittata with Salad & Cucumber Salsa Egg £5.75	Smashed Avocado on Toast with Poached Eggs & Feta Egg, Wheat, Dairy £5.75
Grab & Go	Curried Sausage Roll Wheat, Egg, Sulphites £2.50	Taco Tuesday Sides Mexican Green Rice Pico De Gallo Slaw Loaded Corn On Cob with Chili & Lime	G&G Scotch Egg Wheat, Egg, Sulphites £2.50	Samosa Chaat With Crispy Chickpeas & Minted Yoghurt Dressing Wheat, Milk, Soya £2.50	G&G Fennel Sausage Roll Wheat, Egg, Sulphites £2.50