

THIS WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY BRUNCH
Main Option	Carbonara Pasta Bake Wheat, Milk £5.95	Nashville Hot Chicken Burger With Lettuce, Tomato Rye, Wheat, Milk, Sulphites 1028 kcal £5.95	Shawarma Bar Chicken Shawarma Wrap with Salsa & Salad Wheat, Milk, Mustard, Sulphites 639kcal £5.95	Sweet & Sour Hong Kong Style Pork Noodles Celery, Wheat, Egg, Soya, Sulphites 606kcal £5.95	All Day Breakfast Wheat, Sulphur, Egg £5.95
Vegetarian Option	Roasted Vegetable Pasta Bake Wheat £5.75	Spicy Mixed Bean Enchilada with a Side of Salad Wheat, Milk 407kcal £5.75	Shawarma Bar Halloumi Shawarma Wrap with Salsa & Salad Wheat, Milk, Mustard, Sulphites 446kcal £5.75	Vegetable & Chickpea Tagine with Jewelled Cous Cous Barley Wheat 325kcal £5.75	All Day Vegetarian Breakfast Wheat, Egg £5.75
Grab & Go	G&G Fennel Sausage Roll Wheat, Egg, Sulphites 350kcal £2.50	Mushroom & Spinach Spanakopita Wheat 122kcal £2.50	Beef Pasty Wheat, Barley, Milk 371kcal £2.50	BBQ Chicken Wings Wheat, Eggs, Milk 301kcal £2.50	G&G Fennel Sausage Roll Wheat, Egg, Sulphites 350kcal £2.50